



**PONESSA**  
BEHAVIORAL HEALTH

## **Mobile Therapist**

**PROGRAM: Intensive Behavioral Health Services (IBHS)**

**COUNTIES: Chester, Cumberland/Perry, Dauphin, Lancaster, Lebanon, and York**

### **Description:**

Provide intensive therapeutic services to the child/adolescent/young adult and families in a setting in the form of assessments, individual, and family therapy utilizing CASSP principles. Services are provided in an environment other than a provider agency or office; Therapy is provided in the home, foster home, and other community settings. Work with a multidisciplinary team to ensure ongoing communication of treatment effectiveness.

### **Responsibilities:**

- Maintain on-going communication and collaboration with all team members.
- Develop treatment plans and crisis plans with the child/adolescent/young adult, family, and team that are developmentally appropriate and strengths based.
- Develop treatment plans based upon the clinical evaluation, family and child strengths, and clinical needs.
- Develop and monitor therapeutic techniques for effectiveness.
- Attend interagency meetings to coordinate design of treatment plan and IBHS services recommendations.
- Complete all required documentation in accordance with regulations and clinical best practices.
- Maintain clinical sessions with the child/adolescent/young adult and family as prescribed and provide therapeutic interventions to support treatment goals.
- Collaborate with all team members in the implementation of treatment interventions as needed.
- In conjunction with the team, make clinically appropriate referrals and recommendations for effective discharge planning.
- Coordinate with team members periodically or as needed to support the treatment process.
- Complete all necessary documentation related to consumer cases including Psychological Feedback Form, Assessment, individual treatment plan, and progress notes.
- Ensures compliance with Ponessa policies and procedures, including confidentiality and acting as a mandated reporter in accordance with the law, policies, and procedures.

- Maintain supervision requirements with Clinical Supervisor, as required and/or requested.
- Attend and participate in meetings and training programs as required.
- Provide supervision (both Group and Individual) to BHT's weekly.

**Staff Leadership:**

- Fosters a strengths based, trauma-informed, and accountable relationship with families and the treatment team.
- Models Ponessa's core competencies holding staff accountable to do the same.

**Team Leadership:**

- Demonstrate ability to communicate effectively and efficiently with all internal and external stakeholders.
- Cooperates and communicates as a multi-discipline staff team member through formal meetings, informal consultations and committee participation, as needed.
- Models traits of a responsible team member, executing job responsibilities, open communication, good follow through; supports team members to do the same.
- Demonstrates use and support of the trauma informed model in all aspects of employment, including interactions with consumers/students, family members, other employees, community members, and stakeholders.
- Responds promptly to the concerns and interests of consumers, parents, guardians, funding entities and other Ponessa staff.

**Partnerships and Collaborative Relationships:**

- Establishes and maintains relationships with provider organizations, regulatory and licensing representatives, and referral sources, establishing effective and productive working relationships while promoting Ponessa.
- Represents the organization before various stakeholder groups to maintain visibility.

**Contributing to the Team:**

- Participates in regular meetings with staff to ensure priorities are clear, coordination is good and communications are open. Develops additional methods for ongoing effective communication.
- Cooperates and communicates as a multi-discipline staff team member through formal meetings, informal consultations and committee participation.
- Models traits of a responsible team member, executing job responsibilities, open communication, good follow through; supports team members to do the same.
- Responds promptly to the concerns and interests of consumers, parents, guardians, funding entities and other Ponessa staff.

**Trauma Informed Behavior:**

- Demonstrates commitment to being trauma informed and maintaining a therapeutic environment and community that promotes safety and nonviolence as the basis for all we do with clients and staff.
- Demonstrates knowledge and utilization of trauma informed practices, including emotional intelligence, effective communication, understanding of impact of trauma on development, strengths based and person-centered practice, resilience focus and commitment to growth and change.

**Administrative Activities:**

- Ensures compliance with all Ponessa policies and procedures, including confidentiality and reporting suspected abuse in accordance with policies and procedures.
- Implements all documentation requirements; reports are complete, thorough, timely, and follow prescribed format.
- Other duties as assigned.

**Skills:**

- Ability to utilize collaborative, team oriented approach.
- Knowledge and understanding of CASSP Principles.
- Social/ecological theory and application.
- Family systems theory and application.
- Cognitive-behavioral theory and clinical application.
- Understanding of child and family development.
- Crisis intervention and management.
- Knowledge of DSM 5..
- Basic knowledge/understanding of common psychotropic medications.
- Experience working with diverse populations.
- Strong computer skills in all Microsoft office applications and/or Google Docs.

**Education Requirement:**

- Be licensed as a psychologist, professional counselor, marriage and family therapist, or clinical social worker OR
- Be licensed as a social worker or behavior specialist AND have a graduate degree that required clinical or mental health direct service practicum OR
- Have a minimum of 1 year full time equivalent experience in providing mental health direct services to children, youth, or young adults AND a graduate degree with at least 9 credits specific to clinical practice in psychology, social work, or counseling OR
- Completed a clinical or mental health direct service practicum and have a graduate degree with at least 9 credits specific to clinical practice in psychology, social work, or counseling or a related field

*Full and Part time positions available.*

**CLEARANCES:** (Employee's must have the following clearances before servicing clients.)

- PA State Child Abuse Clearance (Upon hire, prior to working with clients, and every year thereafter)
- Pennsylvania State Criminal Background Check (Upon hire, prior to working with clients and every year thereafter)
- FBI Clearance

**BENEFITS:** Ponessa Behavioral Health offers a competitive Employee Benefit Package to all eligible employees after 90 days of full-time employment, including Health Insurance, Dental and Vision Coverage, Voluntary Benefits, paid time off, and paid holidays. Part-time employees are also eligible to enroll in Dental, Vision, and Voluntary Benefit plans, after 90 days of part-time employment, working a minimum of 15 hours/per week. In addition, employees can participate in our optional 401 K Program with matching, and access discounts provided in the Employee Perks Reward Program. Employee's can also take advantage of our Tuition Discount Program, offering tuition discounts through strategic partnerships to local Colleges and Universities.

***Join our team as we continue helping people back into the swing of life!***

**Interested applicants should submit their cover letter and resume to [Brittany.ponessa@ponessa.com](mailto:Brittany.ponessa@ponessa.com) or mail/fax to:**

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